**In the claims:**

1. A system for optimizing the bandwidth on an audio/video network, comprising:

at least one slave client in communication with a master box for receiving network services at said at least one slave client;

a remote control unit for communicating with said at least one slave client;

a television in communication with said at least one slave client and said remote control, said television having an on condition and an off condition;

whereby when said television is turned on or off by said remote control unit, said at least one slave client can determine whether said television is in said on condition or said off condition.

2. The system of claim 1, wherein when said television is turned off by said remote control unit, a signal is transmitted to said at least one slave client to turn it off to stop the transmission of data to said at least one slave client from said master box.

3. The system of claim 1, wherein when said television is turned off by said remote control unit, a signal is transmitted to said at least one slave client to place said at least one slave client in a sleep mode, which allows said slave client to update databases from said master box, but it is otherwise off.

4. The system of claim 1, wherein said at least one slave client includes a learning module that allows said at least one slave client to learn appropriate remote control codes associated with other entertainment devices.

5. The system of claim 1, wherein the audio/video network is for a single family home.

6. The system of claim 1, wherein the audio/video network is for a commercial establishment.

7. The system of claim 1, wherein said at least one remote is a smart remote control that sends a signal to said slave client regarding the status of said television.

8. The system of claim 4, wherein said at least one remote control is a standard remote control and said at least one slave client determines the status of said television, based on said learned remote control codes.

9. A method for optimizing the bandwidth on an audio/video network, comprising:

providing at least one slave client that is in communication with a master box to receive audio and video information therefrom;

providing a remote control unit for communicating with said at least one slave client;

communicating a signal from said remote control unit to said at least one slave client when a television is turned on or off; and

placing said at least one slave client in an appropriate state based on said signal received from said remote control unit.

10. The method of claim 9, further comprising:

programming said remote control unit to send a signal to said at least one slave client when said television is turned on or off.

11. The method of claim 10, further comprising:

turning said at least one slave client off when said signal received from said remote control unit indicates that said television is turned off, in order to stop transmission of data to said at least one slave client.

12. The method of claim 10, further comprising:

placing said at least one slave client in a sleep mode when said signal received from said remote control unit indicates that said television is turned off, such that it may still update its databases as necessary, it is in sleep mode for an extended period of time.

13. The method of claim 9, further comprising:

programming said at least one slave client to learn signals from said remote control unit to determine when said television is turned on or off.

14. The method of claim 13, further comprising:

turning said at least one slave client off when said at least one slave client determines that said remote control unit has turned off said television.

15. The method of claim 13, further comprising:

placing said at least one slave client in a sleep mode when said signal received from said remote control unit indicates that said television is turned off, such that said at least one slave client may still update its databases if it is in sleep mode for an extended period of time.

16. The method of claim 13, further comprising:

turning said at least one slave client on when said at least one slave client determines that said remote control unit has turned on said television.

17. A system for optimizing the bandwidth on an audio/video network, comprising:

at least on slave client in communication with a master box to receive network services and display audio and video on an associated television;

a remote control unit that is intended to control said television, including placing said television in an on condition and an off condition; and

said at least one slave client in communication with said remote control unit to determine whether said television is in said on condition or said off condition.

18. The system of claim 17, wherein said remote control unit sends a signal to said at least one slave client indicative of whether said television is in an on condition or an off condition.

19. The system of claim 18, wherein said at least one slave client has a learning module to learn program codes associated with said on condition and said off condition as emitted from said remote control unit.

20. The system of claim 17, wherein when said television is in said off condition, said at least one slave client is placed into an off condition to stop the transmission of data from said master box.

21. The system of claim 17, wherein when said television is in said off condition, said at least on slave client is placed into a sleep condition, which allows said at least one slave client to update databases from said master box.